

City of La Vista  
Park & Recreation Advisory Committee Minutes  
December 16, 2020

A meeting of the Park and Recreation Advisory Committee for the City of LaVista convened in open and public session at 6:00 p.m. on Wednesday, December 16, 2020. Present was Recreation Director Scott Stopak, Asst. Recreation Director David Karlson, Youth and Adult Sports Manager Denny Dinan, Senior Services Manager Kaily Stanley, Admin. Assistant Sue Tangeman, Public Works Parks Foreman Rob George, Advisory Board Chairperson Pat Lodes, Jeff Kupfer, Brenda Mechels-Stuby and Bobette Jones. Member Nick Moyer was absent.

A notice of the meeting was given in advance thereof by publication in the Papillion Times on December 9, 2020. Simultaneously given to the members of the Park and Recreation Advisory Committee and a copy of their acknowledgment of receipt of the notice are attached to the minutes. Availability of the agenda was communicated, in advance notice to the members of the Park and Recreation Advisory Committee of this meeting. All proceedings hereafter were taken while the convened meeting was open to attendance of the public. Further, all the subjects included in said proceedings were contained in the agenda for inspection within ten working days after said meeting, prior to the convened meeting of said body.

#### CALL TO ORDER

Director Scott Stopak called the meeting to order.

Stopak led the audience in the Pledge of Allegiance.

Stopak made an announcement of the location of the posted copy of the Open Meetings Act for public reference and read the Emergency Procedures Statement.

#### A. CONSENT AGENDA

1. Stopak asked for a motion to approve the minutes from the October 21, 2020 meeting. Motion made by Member Mechels-Stuby. Seconded by Chairperson Lodes. All aye. Absent: Moyer. Motion carried.

#### 2. REPORTS FROM RECREATION DIRECTOR AND STAFF

##### **Submitted by David Karlson, Assistant Recreation Director**

Our **Virtual Recreation Center** featured a variety of videos in late September and early October. These included the release of following activities:

- Our **Fun Friday** episodes featured a Storybook reading of “The Legend of the Great Pumpkin” by our Recreation Staff, a Grab and Go fun kit featuring Amazing Mazes, Puzzles and Tongue Twisters, and an episode featuring “Bad Dad Jokes” which featured close to 50 jokes for Dads to entertain their families with.
- Our **Halloween Safe Night Grab-N-Go Halloween** event ran from 4-6 p.m. on Halloween. The event had patrons drive though our parking lot, which featured two giant hay bale pumpkins, an illuminated pumpkin patch, 10 Halloween inflatables and

thousands of Halloween lights and other festive decorations. Our volunteers handed out 1,170 treat bags.

- We hired two new Recreation Attendants in mid-October. They were Keegan McMillin and Braeden Erickson. Julia Moseley was recently hired and started her training this week.

Starting in September, then on October 8 and November 16, Karlson led **Guided Meditations** with the seniors. The first two sessions in September and October focused on the history, health benefits and basic types of meditation, which go by many different names: Breath, Body, Heart, Mantra and Mind. The type of guided meditation we have been using is Mindfulness Meditation which focuses on the breath.

For our third session, we focused on how to create a routine in meditation, which you follow in every meditation session.

**Submitted by Denny Dinan, Youth and Adult Sports Manager**

### **Current Programs**

- **Pre-School Play Time** – No Pre-School Playtime being held at this time.
- **Youth Coed Flag Football:** Season finished up on October 3.
- **Youth Soccer Clinic, Academy & League:** Season ended on October 10.
- **Adult Fall Softball** season finished up on October 28.
- **Youth Volleyball** practices started on Tuesday, October 13. Games started on Saturday November 7. We have 36 kids signed up with 1 - 3<sup>rd</sup>/4<sup>th</sup> grade team, 1 - 5<sup>th</sup>/6<sup>th</sup> grade team and 1 7<sup>th</sup>/8<sup>th</sup> grade team. We partnered with the BJSA (Bellevue Junior Sports Association) again this year and games are held at their facility by Bellevue East High School.
- **Adult Women's Fall Volleyball** has played 7 games of a 12-game schedule.
- **Youth Basketball League** registrations will be finished on December 1, and games will begin January 23.
- **Youth Basketball Clinic** registrations will continue until December 30, and the clinic will start on January 9, running for 5 weeks.

### **Events:**

- **Metro Wolves Girls Socctoberfest Soccer Tournament:** October 23–25 = 77 teams
- **Metro Wolves Boys Socctoberfest Soccer Tournament:** October 30–Nov 1 = 70 teams

**Submitted by Kaily Stanley, Senior Services Manager**

In October, a total of 1,156 Senior's participated in programs.

- 451 Grab 'n Go lunches were picked up in October, which was 31 more participants than in September.
- 705 Senior's participated in various recreation activities.

The senior's continued to practice social distancing during our programs which included:

- An Ice Cream Sundae Drive-Thru
- Free outing to the zoo
- Building Scarecrows
- Pumpkin Decorating
- A Halloween Party
- Exercise led by UNMC students
- a few themed Jingo games.
- And a recipe contest

We also had entertainment in October, including Merrymakers *The Links* on October 29<sup>th</sup>, and two films were shown, *42* and *Hocus Pocus*.

**B. Applewood Creek Trail Update**

Using the attached photo of the Applewood Creek Trail, Stopak updated the Board on the projected updates, which include realignment of the trail.

**COMMENTS FROM THE FLOOR**

None.

**COMMENTS FROM COMMITTEE MEMBERS**

None.

Member Kupfer made a motion for adjournment. Seconded by Chairperson Lodes. All ayes. Absent: Moyer. Motion carried. Adjourned at 6:30 p.m.