

**RECREATION ADVISORY BOARD
PROGRAM INFORMATION
DECEMBER 2018**

SENIOR CENTER AND SPECIAL EVENTS/PROGRAMS

Submitted by David Karlson, Asst. Recreation Director

Senior Center

Throughout the month, seniors are able to attend lunch catered by Treat America Food Services Monday through Friday at 11:30 a.m. They Play Bingo on Mondays and Fridays, Chair Volleyball on Wednesday and Fridays, and participate in Tai Chi on Tuesdays and Thursdays. Seniors can join our quilting and sewing group on Wednesday, play Pinochle on the first Wednesday of the month, and also join our Senior Coloring Book Club on Monday morning's. They may also sign up for the monthly Senior Foot Care and Wellness Clinic.

Merrymaker's performer John Worsham performed to a group of 18 seniors on Wednesday, November 14.

Our **Senior Meal Site** program served 170 meals for the month of November.

Our **Senior Volunteer** program had 80 volunteer hours for the month of November. We had seven volunteers with an average of 11.4 hours each this month.

We had 1,016 seniors check into the Community Center this month.

Tai Chi had 196 participants for the month of November.

Our monthly **Movie Outing** took place on Tuesday, November 20, 8 seniors joined us to see "The House with the Clocks on the Walls."

Five nursing students from **Methodist Nursing School** gave a presentation to 14 seniors on the changing nutritional needs of seniors.

Community Center Program Highlights

La Vista's Annual Tree Lighting & Soup Supper took place on Monday, November 26. Close to 600 people joined us for the event.

Registrations opened for our **2019 Community Gardens plots** on Friday, November 16.

The **La Vista Donut Society** had 12 people join us on Thursday, November 15 at the Kolache Factory on 84th Street.

YOUTH AND ADULT SPORTS

Submitted by Denny Dinan

Current Programs

Pre-School Play Time

November counts:

Adults = 186 Daily average = 23

Children = 234 Daily average = 29

Total Nov = 420 Daily average = 52 Total Play Time days = 8

Total Oct = 419 Daily average = 52 Total Play Time days = 8

Youth Volleyball for boys and girls grades 3rd through 6th. League play ended on Dec 14. There is a single elimination tournament for 5th-6th grade starting Dec 18. La Vista had one 3rd/4th grade team and three 5th/6th grade teams.

Adult Women's Fall Volleyball will end tonight, Dec 19. We have 8 teams signed up for the winter session that begins January 2.

Youth Basketball League teams for grades 3rd through 8th have been formed and we have a total 115 players with 12 teams. Practices started on Dec 11 and games will start in early January. We will once again be participating in the PRO Basketball League this season.

Team Breakdown:

Boy's 3/4 grade: 35 players = 4 teams

Girl's 3/4 grade: 10 players = 1 team

Boy's 5/6 grade: 30 players = 3 teams

Girl's 5/6 grade: 22 players = 2 team

Boy's 7/8 grade: 18 players = 2 teams

Youth Basketball Clinic registration is open for grades 1st & 2nd. We will take registrations for the clinic until December 31. The clinic will run for 5 weeks on Saturday morning's beginning on January 12.

Roundball Reindeer Shootout, co-sponsored by the City of La Vista and Sarpy County Tourism, is a Free Throw & 3-point contest for grades Kindergarten through 8th that will be held on Saturday, Dec 15.

The Free Throw contest involves the kids and parent or grandparent shooting 15 free throws, with the combined highest total of free throws being made the winner.

New for 2019 is the 3-point contest. This event is for 5th-8th graders only. Parents/guardians will not participate. Each player will shoot 3 shots from 5 designated locations and the person that makes the most 3-point shots, is the winner for each division.

Spring Programs

Registration began December 1 for 2019 Spring Baseball, Softball, Flag Football and Soccer. These seasons will begin in April.

EVENTS

Submitted by Ryan South, Program Coordinator

Community Center

The Community Center now has a REACH display located behind the front desk. REACH offers a robust, easy-to-use, cloud-based, content management software solution for digital signage needs. The display is a large flat screen TV with a micro PC that displays our daily schedule of activities, announcements, videos, information from social media and more all in a digital format. The display is updated in real time allowing us to provide up-to-date information for our residents, staff, and visitors in an appealing format.