

**RECREATION ADVISORY BOARD
PROGRAM INFORMATION
AUGUST 2018**

SPECIAL EVENTS/PROGRAMS AND SENIOR CENTER
Submitted by David Karlson, Asst. Recreation Director

Senior Center

Throughout the month, seniors are able to attend lunch catered by Treat America Food Services on Monday, Tuesday, Wednesday, Thursday and Friday. They Play Bingo on Mondays and Fridays, Chair Volleyball on Wednesday and Fridays. *Tai Chi is on Tuesdays and Thursday's, however, the class is on summer break for June, July and August. They will restart on Tuesday, September 4.* Seniors can join our quilting and sewing group on Wednesday, play Pinochle on the first and last Wednesdays of the month, join our Senior Color Book Club every Monday morning and enjoy our Book Time for Grown-Ups on Friday mornings. They may also sign up for the monthly Senior Foot Care and Wellness Clinic.

Merrymaker's Tim Javorsky performed for the seniors on Tuesday, July 17.

Six senior joined us for our monthly **"Walk in the Park"**. July's featured park was Southwind Park by the La Vista Library.

Our **Senior Meal Site** program served 237 meals in July.

Our **Senior Volunteer** program had 71 volunteer hours in July. We had 6 volunteers with an average of 11.8 hours each this month.

Our monthly **Movie Outing** took place on Tuesday, July 31. Seven seniors joined us on the van and an additional two seniors carpooled and met us at the Cinema 8 Theater to see the movie **"The Book Club"**.

Events

La Vista's Outdoor Concert and Movie Night saw the concert rained out and the movie held inside the La Vista Community Center. Approximately 80 plus people attended the movie **"Coco"**. The band Eckophonics has been rescheduled to play at our first La Vista Fall Fest on Saturday, October 13. Fall Fest will be held in the City Hall/Community Center south parking lot and courtyard and will feature live music, a variety of games, fire pits and an outdoor movie.

SPECIAL EVENTS
Submitted by Ryan South, Program Coordinator

Events

Urban Scramble Adventure Race took place on Saturday, August 4. Participants ran, biked and navigated their way through La Vista and Papillion while searching for checkpoints and completing challenges and mystery events. We had a record number of 81 participants this year. An after-party was held after the race in the gym at the Community Center.

Pump & Run and 5k Edge Body Boot Camp and the City of La Vista have teamed up once again for the 3rd annual Edge Body Pump & Run and 5k. Pump and Run participants will compete in a bench press competition as well as a 5k run. We also offer the 5k as a separate event for those who

just want to run and not participate in the bench press competition. This event will take place on Friday, October 5 and Saturday, October 6. Registration is open and will close on October 4 at Noon.

YOUTH AND ADULT SPORTS

Submitted by Denny Dinan

Current Programs

Pre-School Play Time

July 2018 counts:

Adults = 110	Daily average = 14	
Children = 146	Daily average = 18	
Total July = 256	Daily average = 32	Total Play Time days = 8
Total June 2018 = 260	Daily average = 33 Total Play	Time days = 8

Adult Softball: Due to some rain outs, leagues just finished up last night, August 21.

Adult Fall Softball: Leagues were scheduled to start last Sunday, August 19, but were rained out. We have 6 teams on the Coed league and 5 teams on the Men's league on Sunday evenings.

Youth Fall Co-ed Flag Football: League play started on Saturday, August 11 and will run for 8 weeks. We have 80 players and 9 teams. (Kdg.-2nd grade = 3 teams, 3rd/4th grade = 3 teams, 5th/6th = 3 teams).

Fall Programs:

3 Year Old Soccer Clinic and 4/5 & 6/7 Soccer Academy and League: fall registration deadline is Saturday August 25 with the season scheduled to start September 4.

Youth Coed Volleyball: Registration began July 1 and will run through September 29 with the season starting in November. We will partner with the BJSA again this year.

Adult Women's Volleyball: Registration runs from Aug 1 through September 8 or until leagues are full. Games will begin on September 19 and run 12 weeks through December 19.

Football Skills Competition (formerly Punt/Pass/Kick): will be held at the La Vista Sports Complex on Saturday, August 25 at 3:30. The NFL is no longer offering the Punt, Pass & Kick competition, but, along with the Sarpy County Tourism and the Papillion-La Vista Optimist Club, we have decided to keep it going. We will have girls and boys divisions in age groups from 6 – 15 years old. This is a free event. Winners of each age group will qualify for state competition to be held in October at Nebraska Wesleyan University in Lincoln.

Winter Programs:

Youth Basketball League: Registration will begin on September 1 and run through November 24 with games beginning in January.

Youth Coed Basketball Clinic: Registration will begin on September 1 and run through Dec 29. Clinic will start on January 12 and run for 5 consecutive Saturdays.