

**RECREATION ADVISORY BOARD  
PROGRAM INFORMATION  
FEBRUARY 2018**

**SPECIAL EVENTS/PROGRAMS AND SENIOR CENTER**  
Submitted by David Karlson, Asst. Recreation Director

**Senior Center**

Throughout the month, seniors are able to attend lunch catered by Treat America Food Services on Monday, Tuesday, Wednesday, Thursday and Friday. They Play Bingo on Mondays and Fridays, Chair Volleyball on Wednesday and Fridays, and participate in Tai Chi on Tuesdays and Thursdays. Seniors can join our quilting and sewing group on Wednesday, play Pinochle on the first and last Wednesdays of the month, join our Senior Color Book Club every Monday morning and enjoy our Book Time for Grown-Ups on Friday mornings. They may also sign up for the monthly Senior Foot Care and Wellness Clinic.

On Thursday, January 4th, we held our second annual “Post-Noon Year’s Eve Celebration Pot Luck Lunch.” Our celebration kicked off at 12:00 pm with the band *George and the Jr’s*. Forty seniors attended our celebration.



Thursday, January 18th Merrymaker’s performer Rich Patton performed to a crowd of over 20 seniors. Rich plays the blues, R&B, baby-boomer favorites, country, oldies rock n’ roll and jazz.

We held our Winter Olympic Senior Games on Tuesday, January 23rd. Sixteen senior participated in our competition, which included throwing “snow balls” for accuracy, a snowman tumble contest and a winter word game. Walmart gift cards were given as prizes for 1st, 2nd, and 3rd place in each category; and, 1st, 2nd, and 3rd place overall. The gift cards were purchased from a \$1,200.00 grant we received from the Immanuel Vison Foundation. The grant will help us provide prizes and entertainment throughout the year.



Doctorial nursing student Marcy Sorrell gave a presentation to thirty seniors on Wednesday, January 24th. The presentation was on the importance of end-of-life planning. Ms. Sorrell led the seniors through the steps of how to make a living will.

Our monthly movie outing took place on Tuesday, January 30, 10 seniors joined us on our monthly movie outing to see the movie *Murder on the Orient Express*.

## **YOUTH AND ADULT SPORTS/SPECIAL EVENTS**

**Submitted by Denny Dinan, Recreation Dept.**

### **Pre-School Play Time**

#### **December counts:**

Adults = 126 Daily average = 16

Children = 200 Daily average = 25

**Total Dec = 326 Daily average = 41** Total Play Time days = 8

**We had a couple parents ask if we could increase our Pre-School Play Time another hour, so on December 19, 2017 we increased our hours to 10AM – Noon rather than 10AM – 11AM.**

The week before Christmas (71 people) and the week after Christmas (20 people) were pretty low due to the holidays and the cold weather.

#### **January counts:**

Adults = 163 Daily average = 18

Children = 269 Daily average = 30

**Total Jan = 432 Daily average = 48** Total Play Time days = 9

Due to bad weather, schools were closed on Jan 11 (3 people) and January 16 (25 people) which resulted in low turnouts for those days.

### **Current Programs**

**Youth Co-ed Volleyball:** Season ended on December 16th. We had two 3/4 grade teams and two 5/6<sup>th</sup> grade teams.

**Adult Women's Volleyball:** The fall session ended on December 20th. Winter session started on January 3rd and we have 8 teams in this league. Currently we have played 7 games of a 12 game schedule.

### **Winter Programs**

**Youth Basketball League:** We have a total 143 players which is 26 more players than last year. We have 15 teams which is 3 more than last year. Once again we are participating in the PRO Basketball League this season. The La Vista Gym is being used every night from 5pm -9 pm for basketball practice and games are scheduled from open to close on both Saturdays and Sundays for games.

#### **Team Breakdown:**

Boy's 3/4 grade: 38 players = 4 teams

Girl's 3/4 grade: 18 players = 2 teams

Boy's 5/6 grade: 41 players = 4 teams

Girl's 5/6 grade: 19 players = 2 team

Boy's 7/8 grade: 27 players = 3 teams

**Youth Basketball Clinic:** Finished on Feb 10. We had 47 1<sup>st</sup> & 2<sup>nd</sup> graders in the clinic this year which is 12 more than last year's clinic.

**Roundball Reindeer Shootout:** Is a free throw contest for grades K through 8 that was held on Saturday, Dec 2. This event is co-sponsored by the City of La Vista and Sarpy County Tourism. This event involves the kids shooting 15 free throws as well as a parent, grandparent, etc. shooting 15 free throws with the combined highest total of free throws being made the winner. We had a total of thirty-six 2-person teams for a total of seventy-two participants. This beat last year's total of thirty-five 2-person teams for a total of seventy participants. To try to increase participation in this event we are looking at re-naming the event, offering better prizes and including a 3-point contest in next year's event.

**Santa's Workshop:** Santa's workshop opened for the first time after the Tree Lighting ceremony on November 27th. In addition to that Santa was at the Workshop for 8 other events. We had a total of 1,572 visitors which was 3 fewer than last year. Our biggest night was a Thursday with 381 visitors.

### **Spring Programs**

Registration began December 1<sup>st</sup> for 2018 Spring Baseball, Softball, Flag Football and Soccer. These sports' seasons will begin in April.

### **Other Events**

**Santa's Workshop:** Santa's workshop opened for the first time after the Tree Lighting ceremony on November 27th. In addition to that Santa was at the Workshop for 8 other events. We had a total of 1,572 visitors which was 3 fewer than last year. Our biggest night was a Thursday with 381 visitors.

### **EVENTS**

**Submitted by Ryan South, Program Coordinator**

#### **Events**

**Urban Scramble Adventure Race** will take place on Saturday, August 4th. On a 3-4 hour course, teams of two will run, bike and navigate their way through La Vista and Papillion while searching for checkpoints and completing challenges and mystery events. The race will start and end at the La Vista Community Center. Registration will open on February 12.

**Splash Bash** will take place on Sunday, June 24. This is a free event held at the La Vista Municipal Pool. No admission fee is charged from 1:00 pm – 4:00 pm and patrons will enjoy a live DJ, games, prizes and free food!

**Pump & Run and 5k** Edge Body Boot Camp and the City of La Vista have teamed up once again for the 3rd annual Edge Body Pump & Run and 5k. The Pump and Run is a unique combination of weight lifting and running, offered to all racers no matter gender or ability. Pump and Run participants will compete in a bench press competition as well as a 5k run. We also offer the 5k as a separate event for those who just want to run and not participate in the bench press competition. This event will take place on Friday, October 5 and Saturday, October 6.