

**RECREATION ADVISORY BOARD
PROGRAM INFORMATION
SEPTEMBER 2017**

SPECIAL EVENTS/PROGRAMS AND SENIOR CENTER
Submitted by David Karlson, Asst. Recreation Director

Special Events/Programs

Preschool Playtime met 10 times last month and had 147 preschoolers and 98 adults with an average of 14.7 preschoolers and 9.8 adults attend each session. The numbers have started to climb back up since the start of school.

Our final **Outdoor Concert and Movie** was on Friday, August 11. The band “Blue House” followed by the Movie “Sing” closed out the summer series.

La Vista Senior Center: Throughout the month, seniors are able to attend a wonderful lunch catered by Treat America Food Services on Monday, Wednesday and Friday. They Play Bingo on Mondays and Fridays, Chair Volleyball on Wednesday and Fridays, and participate in Tai Chi on Tuesdays and Thursdays. Seniors can join our quilting and sewing group on Wednesday, play Pinochle on the first and last Wednesdays of the month, join our Senior Color Book Club every Monday morning and enjoy our Book Time for Adults on Friday mornings. They may also sign up for the monthly Senior Foot Care and Wellness Clinic which is held the 2nd Wednesday of each month.

Merrymaker’s Billy Troy performed for a large crowd of over 36 seniors on Wednesday, August 24. Billy grew up in Nashville where he performed for many years.

On Tuesday, August 29, 12 seniors joined us on our monthly movie outing to see the movie, “Megan Leavey”.

A Walk in the Park took us to Southwind Park and Centennial Park this month.

Wednesday, August 30, **Speaker Annette Newman** gave a presentation on how seniors can qualify for a free “Clear Caption Phone”.

★Program Highlight of the Month

Our Quilting, Crocheting and Knitting Club This is an open club for anyone who likes to quilt, crochet, knit or sew, or for those who want to learn and need help from the experts! The club has grown since its inception, and in the past year, while also working on their own personal projects, they have managed to make and donate 35 quilts to the La Vista Police and Fire Department and 30 “fidget quilts” to local seniors with Alzheimer’s.



YOUTH AND ADULT SPORTS/SPECIAL EVENTS

Submitted by Denny Dinan, Recreation Dept.

Current Programs

Adult Fall Softball is already halfway through the season with 4 games left of an 8 game season.

Youth Fall Co-ed Flag Football have played 5 games of an 8 game schedule. We have 73 players and 8 teams. (Kdg-2nd grade = 2 teams, 3rd/4th grade = 4 teams, and 5th/6th grade = 2 teams)

3 Year Old Soccer Clinic We are in the 2nd week of the 5 week clinic. This season we have 17 participants.

4/5 & 6/7 Soccer Academy and League: Just finished up second week of a 5 week schedule. Tuesday's are used for instructions and teaching and Saturdays are for games. 4/5 year old group has 52 players and 6/7 has 24.

Fall Programs:

Youth Coed Volleyball: Registration runs through September 30 with the season starting in November. We will partner with the BJSA again this year.

Adult Women's Volleyball: Registration runs through September 16 or until leagues are full. Games will begin on September 27 and run 12 weeks through December 20.

Optimist Tri-Star Football Punt, Pass & Kick Contest: The NFL is no longer offering the Punt, Pass & Kick competition but we along with the Sarpy County Tourism and Papillion-La Vista Optimist Club have decided to keep it going. The contest will be held at the La Vista Sports Complex on Sunday, September 24 at 1:00. We will have girls and boys divisions in age groups from 6 – 15 years old. This is a free event. Winners of each age group in the local competition will qualify for the state competition on Saturday, October 8 at Nebraska Wesleyan University's Football Stadium in Lincoln. The Papillion-La Vista Optimist Club will cover the \$80 one-time fee to send our qualifiers to the Lincoln competition.

Winter Programs:

Youth Basketball League: Registration began and runs through November 25 with games beginning in January.

Youth Coed Basketball Clinic: Registration began and run through Dec 30. Clinic will start on January 13 and run for 5 consecutive Saturdays.

EVENTS

Submitted by Ryan South, Program Coordinator

Upcoming Events

Pump & Run and 5k Edge Body Boot Camp and the City of La Vista have teamed up once again for the 2nd annual Edge Body Pump & Run and 5k. The Pump and Run is a unique combination of weight lifting and running, offered to all racers no matter gender or ability. Pump and Run participants will compete in a bench press competition as well as a 5k run. We also offer the 5k as a separate event for those who just want to run and not participate in the bench press competition. This event will take place on Friday, October 6 and Saturday, October 7. Registration runs through October 1.

One Sky, One World Kite Festival will be held on Sunday, October 8 from 12:00 PM – 4:00 PM at the La Vista Sports Complex. The Midwest Winds Kite Fliers will have some of the World's largest and most creative kites flying at this fun, family event. There will also be a candy drop for the kids!

Socctoberfest soccer tournament is scheduled for the weekend of October 27-29 at the La Vista Soccer Complex. The Metro Wolves Futbol Club hosts this each year. Socctoberfest brings in thousands of players, families and fans from all over the Midwest who stay in our hotels, eat at our restaurants and shop at our local businesses. We invite you to stop by the Sports Complex during this time to see how great this tournament is for La Vista.