

**RECREATION ADVISORY BOARD  
PROGRAM INFORMATION  
JANUARY 2017**

**SPECIAL EVENTS/PROGRAMS AND SENIOR CENTER**  
**Submitted by David Karlson, Asst. Recreation Director**

**Special Events/Programs**

**Preschool Playtime** met 9 times in December with 214 preschoolers and 166 adults participating. This was an average of over 23 preschoolers and 18 adults attending each session. Preschool Playtime's attendance was up by 69 children from last month.

Ms. Jen from the Library hosted her monthly **Preschool Story-time and Sing Along** on the first Thursday of the month and had 24 preschoolers and 20 parents attended.



From December 12<sup>th</sup> through the 15<sup>th</sup>, Santa Claus made his annual phone calls to over 3 dozen La Vista kids.

**Senior Center**

Throughout the month, for a small donation, Seniors are able to enjoy a wonderful lunch catered by Valley Food Services on Monday, Wednesday and Friday. They also play **Bingo** on Mondays and Fridays, **Coloring Book Club** on Monday morning, **Chair Volleyball** on Wednesdays and Fridays, participate in **Tai Chi** on Tuesday's and Thursday's, and play **Pinochle** on the first and last Wednesdays of the month. Seniors may also join in on the **Quilting and Sewing** group on Wednesdays from 9am–11am. On the 2<sup>nd</sup> Wednesday of each month, the Sarpy/Cass Department of Health & Wellness **Senior CARE Clinic** is at the Center, providing foot care and other miscellaneous health care to seniors for a minimal fee.

Over a two-night period, a total of 24 seniors enjoyed our annual Holiday Light Tour. As a new twist, we had them meet at the Community Center a half hour prior to our departure. We had hot chocolate, cookies and also sang Christmas carols before departing on the tour.

On Wednesday, December 7<sup>th</sup>, Leslee Campbell with the Sarpy Department of Health and Wellness gave a presentation on fitness walking programs for seniors. Each participant received a free tote bag with fitness information and a free pedometer.



On December 7<sup>th</sup> Kim Eames from Merry Makers performed for 26 seniors after lunch.

On Friday December 9<sup>th</sup> the La Vista Jr. High Show Choir performed for a group of 29 seniors.



On Tuesday December 13th, 12 seniors joined us for an outing to the Mormon Trail Center Gingerbread House Festival.

On Wednesday December 21<sup>st</sup>, 71 seniors joined us for our special holiday lunch. Mayor Doug Kindig, Council members Ron Sheehan (Ward 2) and Jim Fredericks (Ward 4) joined us and presented each senior with a fleece blanket for a Christmas present. Following lunch over 15 seniors participated in a Holiday Cookie Exchange.

## **YOUTH AND ADULT SPORTS/SPECIAL EVENTS**

**Submitted by Denny Dinan, Recreation Dept.**

### **Current Programs**

**Adult Women's Volleyball** fall league ended on December 28<sup>TH</sup>. The winter session started on January 4<sup>TH</sup> and has 9 teams. The season will run for 14 weeks.

**Youth Basketball League** games started on January 7<sup>th</sup> and will run through February 26<sup>th</sup> with a tournament to follow. The La Vista Community Center is schedule for basketball games Saturdays from 10:30 AM through 5:30 PM and on Sundays from 1:30 through 6:30.

**Youth Basketball Clinic:** for grades 1 & 2 will start on Saturday, January 14<sup>th</sup> from 9AM – 10 AM and will run for 5 weeks. This is a parent participation clinic where the fundamentals of basketball are the focus. We have 35 boys and girls participating in the clinic this year which is up from the 23 participants we had last year. We have 8 volunteers from the La Vista Police Department who are coaching the clinic.

### **Registrations are now being accepted for the following youth programs:**

- Boy's Baseball
- Co-Ed Flag Football
- Youth Soccer Clinic, Academy and League
- Girls Softball
- Co-Ed T-ball